



ALL THE DETAILS

Everything you need
to know for camp



ALL THE DETAILS

Everything you need
to know for camp





Most Commonly Asked Questions	1
Social Media	3
Daily Itinerary	5
Getting In Shape for Camp	7
Weather	11
What to Pack	11
Hotel Information	15
Map of Clearwater	17
Travel Information	18
Participant Responsibility Guidelines	19
Health Guidelines	20
Official Rules	21
Phillies Legends	24
Traditions	24



Planning Your Experience

Thank you for choosing Phillies Phantasy Camp. We are very excited that you will be joining us as we suit up, dig in and take our cuts against the Phillies Legends. We have produced this “Phantasy Planner” to help you get ready for your baseball phantasy experience. We have tried to anticipate questions you may have with regards to the weather, hotel accommodations and services, what to bring, our traditions, and health guidelines. We are also providing some basic information about the Clearwater area as well.

If any of your questions remain unanswered after reviewing your orientation packet, please don't hesitate to call one of our Player Representatives. Our goal is to fully prepare you for your phantasy so that you can have the time of your life.

We look forward to seeing you in Florida!

A handwritten signature in black ink, appearing to read 'MJR' with a stylized flourish at the end.

MICHAEL J. ROUSE
EXECUTIVE DIRECTOR

Most Commonly Asked Questions

1. Who is ESF?

ESF is the Director of Phillies Phantasy Camp. We have operated camps since 1982 in Pennsylvania, New Jersey, Delaware, Connecticut, Maryland, New York and Florida. ESF has worked with the Phillies since 1997 and is responsible for designing and operating Phillies Baseball Academy since 1997 and Phillies Phantasy Camp since 2001. Our award-winning camp programs are unique, memorable and filled with experiences that meet and exceed our participants' high expectations.

2. If I have a question before I leave for camp, who can I go to?

Our Phillies Phantasy Camp team is available to help you at any time. You can email us at campmail@philliescamps.com or give us a call at (610) 520-3400. We will do whatever we can to help prepare you for your trip.

3. If I have a question while at camp, who can I go to?

Our uniformed Phillies Phantasy Camp team is available to help you at any time. We are there to make your trip a great success.

4. Are the Phillies Legends accessible for autographs and photos?

Yes. You will be playing alongside Phillies Legends the entire time you are there and will have plenty of opportunities for autographs and photos. Your Phillies Phantasy Camp Team can help you coordinate these opportunities as well.

5. What does my trip price include?

ACCOMMODATIONS AND SERVICES

- Four night accommodations at the Marriott Suites Clearwater Beach on Sand Key.
- Daily full-course breakfast at the hotel.
- Daily catered lunch at the ballpark.
- Gratuities for the baggage porters at the hotel.
- Transportation to and from the hotel and ballpark.
- Access to the services of your ESF hosts.
- Access to Phillies clubhouse staff and Phillies professional trainers.
- A photograph of your team, with your managers, and with all of the Legends.
- Autographed card signed by all of the Legends.

EVENTS

- Welcome Reception Party and buffet dinner.
- Invitation to the famous “Bull Session”—an unforgettable dinner with the Phillies Legends listening to their stories of the glory days.
- Celebratory cocktail party and memorable Awards Banquet.
- Post-camp reunion night at Citizens Bank Park honoring you and your team on the field prior to a Phillies game, including 2 tickets to this game.

BASEBALL

- Professional umpires during all of your games.
- Personalized authentic Phillies uniform with head to toe accessories.
- Personalized clubhouse locker.
- Playing equipment (with the exception of your glove and cleats).
- Daily games on the perfectly manicured fields of the Carpenter Complex.
- A Phantasy Game against the Legends at BayCare Ballpark.

In other words, once you get yourself there, we will take care of virtually everything else.

Interact on social media

Stay connected with Phillies Phantasy Camp all year long through a number of social media platforms. Follow along for important camp reminders, photo albums, highlight videos and upcoming event dates on our Blog, Facebook, Twitter and Instagram pages. It's also a great way for family and friends to get in on the action and see all the fun you are having.

HERE'S HOW!



WEBSITE

Follow for camp news and announcements.

Go to PhilliesPhantasyCamp.com



FACEBOOK

'Like' our page to see camp highlights, event photos and videos and so much more!

Go to facebook.com/PhilliesPhanCamp



INSTAGRAM

Follow us @[PhilliesPhantasyCamp](https://www.instagram.com/PhilliesPhantasyCamp)



Daily Itinerary (Subject to change)

Wednesday

- **ARRIVE IN CLEARWATER**
- **HOTEL AND CAMP CHECK-IN IN LOBBY OF THE CLEARWATER BEACH MARRIOTT**
- **VET AND ROOKIE PLAYER OPTIONAL WORKOUTS**
- **WELCOME MEETING**
- **WELCOME RECEPTION**

Thursday

- **EARLY MORNING STRETCHING**
- **BREAKFAST**
- **SHUTTLES DEPART FOR CARPENTER COMPLEX**
- **PLAYER BRIEFING & COMMISSIONER'S COURT**
- **TEAM WORKOUTS**
- **GAME #1**
- **LUNCH**
- **GAME #2**
- **SHUTTLES DEPART FOR HOTEL**
- **DINNER AND EVENING WITH THE LEGENDS**

Friday

- **EARLY MORNING STRETCHING**
- **BREAKFAST**
- **SHUTTLES DEPART FOR CARPENTER COMPLEX**

- **PLAYER BRIEFING AND COMMISSIONER'S COURT**
- **TEAM WORKOUTS**
- **GAME #3**
- **LUNCH**
- **GAME #4**
- **SHUTTLES DEPART FOR HOTEL**
- **TEAM DINNERS AT LOCAL RESTAURANTS**

Saturday

- **EARLY MORNING STRETCHING**
- **BREAKFAST**
- **SHUTTLES DEPART FOR CARPENTER COMPLEX**
- **PLAYER BRIEFING & COMMISSIONER'S COURT**
- **TEAM WORKOUTS**
- **GAME #5**
- **LUNCH**
- **GAME #6**
- **SHUTTLES DEPART FOR HOTEL**
- **COCKTAIL RECEPTION AND AWARDS BANQUET**

Sunday

- **BREAKFAST**
- **SHUTTLES DEPART FOR CARPENTER COMPLEX**
- **PHANTASY GAMES AGAINST THE LEGENDS**
- **LUNCH THROUGHOUT THE AFTERNOON**
- **SHUTTLES DEPART FOR TAMPA INTERNATIONAL AIRPORT**

Getting in Shape for Camp

Phantasy Camp is designed for adults who enjoy playing baseball or softball rather than for fitness fanatics. Still, the program is designed to keep you very active. You will be playing baseball every day. Age is unimportant when it comes to your ability to play baseball – the more important consideration is your physical condition.

If you haven't played in recent years, please be aware of the sort of trip you're taking. It's an active one. You'll enjoy your experience more if you exercise before you go.

Activities that involve aerobic conditioning such as swimming, walking, jogging, biking, squash, and tennis are great for overall physical conditioning.

What We Recommend

Before your trip begins, try to do exercises that involve aerobic conditioning 3 times each week – biking, swimming, walking, jogging, squash, cross-country skiing, tennis, and/or riding a stationary exercise bike.

ONE MONTH BEFORE THE TRIP:

- Try to throw and hit a few times per week.
- Throw with a partner or against a wall starting at a close distance.
- As your arm warms up, stretch the distance. For hitting, find your local batting cages and either take a few rounds in the cage or practice hitting off a batting tee. You can also practice by just swinging a bat in a gym, basement or other open space. Also begin the enclosed stretching routine at least three times per week.

THE WEEK BEFORE YOUR TRIP:

- Try to throw every day for 15 minutes close at first and then increasing the distance as your arm begins to warm up. Also, work in swinging or hitting each day (if possible).
- Be sure to stretch before exercising. It reduces chances of injury, muscle pain, stiffness, and fatigue.

Suggested Stretching Routine

NECK ROLLS

1. Stand with feet shoulder width apart and knees slightly flexed.
2. Roll your neck to one side, then to the back, then to the side, and then to the front in a clockwise motion.
3. Reverse the direction after 10 reps.
4. Complete 2 sets in each direction.

ARM CIRCLES

1. Extend arms out by your side and parallel to the ground, palms facing down.
2. Begin moving arms forward in a small, circular motion for 8 counts.
3. Increase the size of the circles for 8 more counts.
4. Increase your circles to very large for the final 8 counts.
5. Reverse the motion of the circles and repeat the 3 sets.

ARM/SHOULDER STRETCH

1. Extend your right arm out in front of you.
2. Place your right elbow in the crease of your left arm where your forearm and bicep meet.
3. Lift your left hand to the sky, forming a cradle for your right elbow.
4. Use your left arm to pull your right arm across your body to feel the stretch.
5. After 2 sets of 8 reps, repeat, switching arms.

TRICEPS SHOULDER STRETCH

1. Stand with your feet shoulder width apart and knees slightly bent.
2. Place your right hand behind your head with your elbow bent and your palm flat in the middle of your back.
3. With your opposite hand, gently apply pressure to your right elbow.
4. Hold stretch for 10 to 20 seconds each side one time.

FOREARM AND WRIST STRETCH

1. With your left arm extended out in front of your body and parallel to the ground, point your left hand and fingers to the sky.
2. Place your right hand at the base of the fingers of your left hand and gently pull back toward your body.
3. Hold stretch for 10 to 15 seconds.
4. Pointing your fingers toward the ground, gently pull back toward your body with your right hand and hold for 10 to 15 seconds.
5. Repeat on opposite side one time.

TRUNK TWISTS

1. Standing with your feet shoulder width apart and knees slightly bent, place your hands on your waist.
2. Keeping your torso upright, turn and slowly twist to your left and then to your right.
3. Twist for 20 counts, stop and then repeat.

TRUNK ROLLS

1. Standing with your feet shoulder width apart and knees slightly bent, place your hands on your waist.
2. Begin to roll your torso to the front, then to the side, to the back, and to the opposite side in a clockwise motion.
3. Roll for 8 counts and switch directions.
4. Repeat each direction once.

TOE TOUCHES (FEET TOGETHER)

1. Standing with your feet together, slowly bend at your waist and touch your toes, keeping your legs straight.
2. Hold for 8 counts and then stand.
3. Repeat for 8 more counts.
4. Place your right foot over and around your left foot so that your legs are crossed in the front and both feet are on the ground.
5. Bend at the waist, keeping your legs straight and hold for 8 counts then stand.
6. Repeat for 8 more counts and then switch legs.
7. Hold for 8 counts and repeat for 2 sets.

TOE TOUCHES (FEET APART)

1. Stand with your feet farther than shoulder width apart.
2. Keeping your legs straight, slowly bend at the waist and touch your left toes.
3. Hold stretch for 8 counts.
4. Stand and repeat in the middle, touching the ground.
5. Stand after 8 counts and repeat on the right side for 8 counts.
6. Repeat each side.

FORWARD LUNGES

1. Standing with both feet together, lunge forward extending your left leg out in front while keeping your heel flat.
2. Extend your right leg back and right foot up on your toes.
3. With your left knee at about a 45-degree angle, lower your right knee about five inches from the ground.
4. Place your hand on your left quadriceps area; to increase the stretch, lower your chest toward your thighs.
5. Hold the stretch 10 to 20 seconds, one time for each leg.

SEATED SPINAL TWIST

1. In a seated, upright position, cross and bend your left leg across your straight right leg.
2. Twist your trunk and lower your back to the left.
3. Take your right arm across your body and place your right elbow on the outside of your left bent knee.
4. Apply force with your right elbow as you twist your upper torso.
5. Hold stretch for 10 to 20 seconds and then switch legs and repeat.

BUTTERFLY STRETCH

1. In a seated and tall upright position, bring your feet together between your legs and grab your feet or ankles while keeping the soles of your feet together.
2. Relax your groin area and using your leg muscles, force your knees toward the ground.
3. To increase the intensity, lightly apply downward pressure on your knees.
4. Hold the stretch 10 to 20 seconds one time.

Weather

Typically 50°F to 70°F in January in Clearwater

The weather is one of the few details we cannot control. That being said, the climate in Clearwater is typically mild in January, the average low and high temperatures are 50°F and 70°F, respectively. Therefore, plan to bring sweatshirts, jackets or coats to compensate for low seasonable temperatures when you are off the field. You can always remove or add layers to adjust for the weather.

What to Pack

We post which authentic Phillies uniform your team will be donning on the clubhouse TVs each morning. After games are finished and showers taken, you can decide on your evening attire.

The trend for professional athletes is more casual now than in the past. Few restaurants in Clearwater Beach require a jacket and tie for men. The attire for the evening events will remain “smart casual,” so we recommend packing a jacket and tie (just in case you want to wear them for the awards banquet), slacks, and button downs for the men; and pant suits, slacks or skirts for the ladies. There are also plenty of opportunities to slide into your favorite jeans and polo shirt.

Everyday Items

- ☐ Sports coat and tie (for men) or evening attire (for women)
- ☐ Button down shirts
- ☐ Jeans and/or casual pants
- ☐ Short sleeve or polo shirts
- ☐ Windbreaker, sweatshirt, jacket and/or coat
- ☐ Sweatpants/wind pants
- ☐ Dress and casual shoes
- ☐ Sneakers (required for use in the indoor batting tunnels)
- ☐ Shorts (workout/casual)
- ☐ T-shirts
- ☐ Underwear
- ☐ Socks
- ☐ Belt (dress and casual)
- ☐ Toiletries (deodorant, comb/brush, razor, shaving cream, etc.)
- ☐ Sunscreen
- ☐ Sunglasses (if necessary)

Baseball Gear Provided at Camp

You will receive the following items at camp:

- Cap
- Long Sleeved Undershirt
- Home Jersey
- Batting Practice Jersey
- Pants
- Belt
- T-shirt
- Socks

Your authentic Phillies uniform will be cleaned each day by the clubhouse staff.

Clubhouse and Field Needs

Because you will be living the dream of a Major Leaguer, we will supply you with the basics and then some; however, it would be a good idea to have some personal items with you each day.

We suggest bringing the following:

☐ **SHOWER SHOES**

The clubhouse staff will ensure that the entire facility is impeccably clean each day, but for sanitary reasons, we recommend you pack shower shoes for walking around the clubhouse and for use in the shower.

☐ **UNDERNEATH THE UNIFORM PANTS**

It is highly recommended that you pack an athletic supporter with cup and compression or sliding shorts for underneath your uniform pants. If you plan to go all out and slide or get in front of that blazing ground ball, protection is essential.

☐ **BATTING GLOVES**

A good pair of batting gloves will help prevent blisters on your hands. Batting gloves typically come in a variety of sizes ranging from Youth Small to Adult X-Large. Most brands will sell the left and right glove separately, so if you are only buying one, make sure you have made the correct choice. You can usually find the above items at your local sporting goods store. The rest of your authentic Phillies uniform will be hanging in your locker each morning, but every piece is important!

☐ **BASEBALL GLOVE**

We provide all the necessary equipment for your Major League experience. All you need to bring is your favorite baseball glove.

A well broken-in glove will help you make that miraculous catch in center field instead of coming up empty. So, whether you plan on catching, pitching, or playing the field, you should bring the appropriate glove.

☐ **CLEATS (NO METAL SPIKES)**

A good pair of baseball cleats are important to help prevent you from slipping while attempting to round second base. Imagine the look on your Manager's face while you lay on the clay after being tagged out because the only thing between you and that extra base was the sneakers on your feet.

Since many of our participants have not played baseball recently or on a regular basis, we suggest that if you do decide to purchase baseball shoes, you follow these recommendations:

- **Plastic or rubber soles only:** Metal spikes are NOT permitted at any time.
- Cleats are not allowed in the indoor batting tunnels.
- Allow plenty of time to break in your new shoes before wearing them in game competition at Phantasy Camp. Blisters on your feet may affect your performance.
- Baseball coaching/training or turf shoes are a good alternative to baseball cleats, if you are looking for more comfort.
- Don't forget to pack a few pairs of socks as well!

☐ **SNEAKERS**

They say that good shoes take you good places and that is never more true than at Phantasy Camp. Make sure to have a sturdy pair of sneakers with you for traveling to and from the ballpark, stretching and warming up. Also, don't forget that cleats are not permitted in the batting tunnels so sneakers will have to be worn.

☐ **TRAVELING CLOTHES**

Although most Major Leaguers travel to and from the ballpark in a suit or sport coat, we leave that option up to you. Comfort is a necessity at all times including the bus ride from the hotel; therefore, no dress code is enforced for traveling to and from the ballpark each day. The choice is yours!

Laundry

Your freshly laundered Phillies uniform will be hanging in your personalized locker each morning when you arrive. In addition to this, the Clearwater Beach Marriott Suites offers laundry service.

Blow Dryer, Iron, and Toiletries

The Carpenter Complex will be stocked with all the after-shower necessities you will need to get ready for the evening activities. In addition, each room at the Clearwater Beach Marriott Suites will be equipped with a blow dryer, ironing board and iron, toiletries, and fresh towels and linens. A safe for your personal items is available in your room. A gift shop is also available at the hotel for any last minute items you may need.

Tipping

On your Phantasy Camp trip, we take care of tipping porters and hotel staff, as well as restaurant staff for all the meals we enjoy together. In terms of the Clubhouse Staff and the Trainers, tipping is entirely discretionary, and we feel strongly that additional gratuities are not necessary unless you receive exemplary service.

We expect that our Clubhouse Staff and Trainers will do a great job in making your trip memorable and, when they do, it is not uncommon for our participants to offer an additional gratuity. We are often asked what is appropriate. In general, we have found that when our participants offer a gratuity, it is in the range of \$10 - \$20 for the Clubhouse Staff and \$10 - \$20 for the Trainers' services, in total, for the entire week.

Hotel Information

Clearwater Beach Marriott Suites on Sand Key

1201 Gulf Boulevard, Clearwater, FL 33767

(727) 596-1100 clearwaterbeachmarriottsuites.com

Check-in: 4:00 p.m. / Check-out: 11:00 a.m.

Hotel will make all efforts to have rooms ready prior to 4:00 p.m., but this cannot be guaranteed.

This hotel has a smoke-free policy. Pets not allowed.

PARKING

- Complimentary on-site parking
- Valet parking: \$30 daily

GUEST ROOM INFORMATION

- Air conditioning
- Alarm clock
- Bathrobe
- Coffee/tea in-room
- Hair dryer
- Internet browser/Web TV
- Iron and ironing board
- Luxurious bedding:
down comforters, duvets,
cotton-rich linens
- Microwave oven
- Mini refrigerator
- Pillows: down/feather or foam
- Pull-out sofa bed
- Safe

ROOM ENTERTAINMENT

- Cable/satellite TV:
CNN, ESPN, HBO
- Movies/videos, pay-per-view
- Plug-In Panel
- Video games and players
for rent
- Wet bar

SPA & FITNESS

- Fitness center
- Antonio's Salon & Day Spa
— appointment required

BUSINESS AMENITIES

- Electrical outlet: desk level
- Phone feature: voice mail
- Two-line phone

GUEST SERVICES

- Concierge desk
- Full-service business center
- Room service,
7:00 a.m. – 10:30 p.m.

HIGH-SPEED WIRELESS INTERNET ACCESS LOCATIONS/ CONNECTIVITY

- Public Areas
- Guest Rooms
- Meeting Rooms

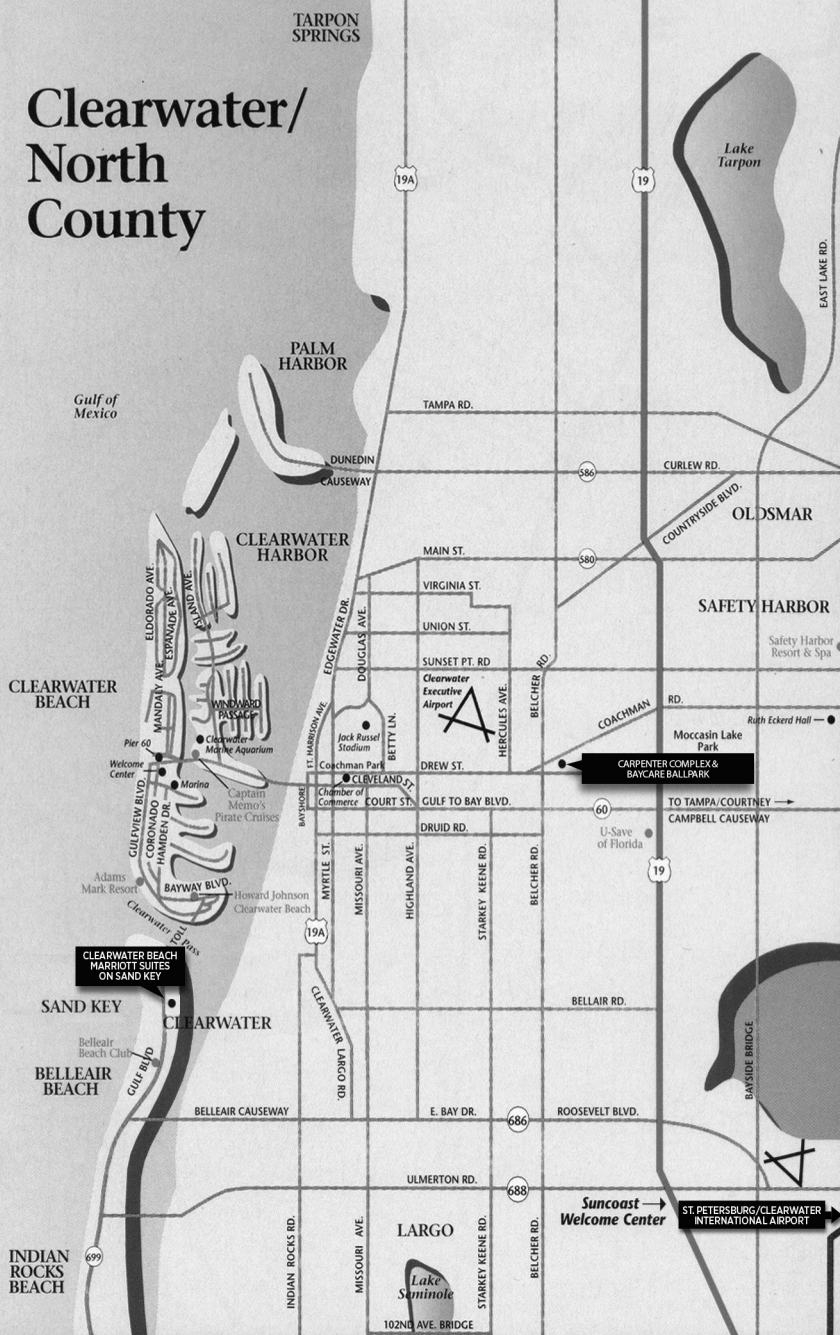
Extending Your Hotel Stay

If you would like to extend your visit to Clearwater, we have made arrangements with the Marriott Suites Clearwater Beach on Sand Key for a special pre- and post-camp room rate. To make your pre- and/or post-camp hotel reservation, simply contact Cayla Chipperfield at Phillies Phantasy Camp Headquarters at cchipperfield@esfcamps.com. Please put "Phillies Phantasy Camp Reservation" in the subject line and include your name, phone number, and requested pre and/or post camp reservation dates in the body of the e-mail.

Cayla will assist you with your reservation request based on room availability. All pre- and/or post-camp room night reservations are the financial responsibility of the participant. Reservations are guaranteed and paid for by Phantasy Camp for check-in on Wednesday and check-out on Sunday.



Clearwater/ North County



Travel Information

Transportation from Airport to Hotel

Please contact our Phillies Phantasy Camp team member, Cayla Chipperfield at cchipperfield@esfcamps.com if you have not received the list of preferred arrival flights from Philadelphia to Tampa. These preferred arrival flights give you the option to take advantage of the complimentary bus to the hotel provided by Phantasy Camp. The rally locations are at the airport baggage claim terminals for the preferred flights. Phantasy Camp staff will be present to assist you.

If you are on a different flight but arriving prior to or at the same time as the preferred flights, you're welcome to meet at the rally point and take the complimentary bus to the hotel. If doing so, please alert us in advance.

If you fly into Tampa on flights at times other than the preferred flights, you will need to coordinate your own transportation to the hotel via rental car or ride service.

We recommend that your flight reservations be made as far ahead of time as possible and that you obtain cancellation insurance to protect you should your travel plans change for any reason.

Transportation During Camp

You have the option of renting a car for your trip. Additionally, we provide complimentary transportation to and from the ballpark and for scheduled evening events.

Transportation to Airport

Check-out of the hotel on your last day will be in the morning prior to leaving for the ballpark. You will need to take your baggage to the ballpark with you after check-out.

After the final game against the Phillies Legends at BayCare Ballpark, approximately 1:00 p.m., we will provide complimentary bus transportation to Tampa International Airport. You will need to coordinate your own transportation to the airport should you need to depart prior to 1:00 p.m.

Participant Guidelines

As a participant of Phillies Phantasy Camp, our staff will treat you like you're in the Major Leagues. In return, we would appreciate you following our guidelines listed below:

Responsibility Guidelines

- No supervision of the off-field and after-hours activities is provided. Participants are responsible for their own health, safety and conduct, and are solely responsible for their actions during all times, both on and off the field.
- Abide by all policies set by the Phillies Phantasy Camp staff.
- Disorderly conduct and fighting on or off the field is not permitted.
- No alcohol abuse.
- No use or possession of illegal drugs or controlled substances.
- No weapons of any kind.
- Sexual harassment will not be tolerated.

If you do not comply with the points listed above, you may be subject to suspension or expulsion from the program.

Clubhouse Guidelines

The clubhouse is the players' and GM's sanctuary and is off limits to Phans and guests. Only players' and GM's in uniform and camp staff have full access to the locker and training room. Phans are limited to the Phan Room located on the second floor of the clubhouse.

Field and Dugout Guidelines

No one but uniformed players, GM's and camp staff may be on the field or in the dugouts at any time. Our insurance restricts us from allowing anyone else in these areas.

Meal Guidelines

Meals and meal areas are provided for enrolled players, GMs, Phans, and camp staff only. If you wish to have family members or friends attend the social functions and meals, these are available as part of the Phan Package which includes access to all events, transportation and other special amenities.

Please do not put our staff in the position of having to ask Phans or non-enrolled guests to leave restricted areas.

Thank you in advance for your cooperation.

Health Guidelines

We have a few basic health guidelines that are very important for ensuring a safe, happy, and healthy time for everyone while in Clearwater. Please review the following guidelines and feel free to call the Phantasy Camp Headquarters if you have any further questions.

Medical Clearance Form

We require that you supply us with an up-to-date Medical Clearance Form. It is important for us to know of any special medical conditions, ranging from minor to severe, so that we may best meet your needs. Since this Medical Clearance Form is so important, it is necessary for us to have it on file in order for you to start camp. We do not want you to miss a day, so we urge you to return the Medical Clearance Form to us as soon as possible.

Medication

All medication must be in its original container, with your name and the prescription label with dosage on the front.

Injury

Our Athletic Trainers will be available to tend to your medical needs. If you require a doctor's assessment, there are four hospitals within 10 to 30 minutes from the Carpenter Complex: Largo Medical Center, Morton Plant Hospital, Mease Countryside Hospital, and Bay Front Hospital. Phillies Phantasy Camp staff will assist in making sure you receive medical care. We will also notify anyone you designate in case of an emergency.

Making Sure That Fun in the Sun is Also Healthy

Playing league games outside each day is part of your Phantasy Camp experience. We are very conscious of the dangers of too much exposure to the sun's ultraviolet (UV) rays. To limit your exposure to the sun's UV rays, we make the following recommendations:

- You should apply waterproof sunscreen with an SPF of at least 15 on all exposed areas.
- Because you may sweat during the course of the day, you should reapply waterproof sunscreen throughout each day.

Official Rules

Length of Games

- A.** All round-robin league games are seven (7) innings, including the Championship Game. Crossover games will be five (5) innings.
- B.** Games are official after the completion of five (5) innings, 4 ½ if the home team is leading.
- C.** If there is inclement weather, game length will be determined at the discretion of the Commissioner.
- D.** If one team is ahead by 12 runs after six (6) innings, the game is complete.
- E.** No inning may begin after two hours (2:00) from first pitch.
- F.** If a game is tied, a maximum of one (1) inning will be played if time permits. See BASERUNNING G for the extra-inning baserunning rule.

Pitching

- A.** A Phantasy Camp participant must start the first two (2) innings of every game.
- B.** Legends or Player Representatives may pitch after the completion of the second inning and under the following conditions:
 - i. No Phantasy Camp participant desires to pitch.
 - ii. Both teams have Legends or Player Representatives pitching (If one team has a Phantasy Camp participant pitching, the other team, though it may be at a disadvantage, must supply a Phantasy Camp participant, unless agreed upon by both Managers and the Commissioner to allow one Legend to pitch.)
- C.** There are no balks, wild pitches, passed balls or dropped 3rd strikes.
- D.** Pickoffs are permitted.

Hitting

- A.** Teams must bat their whole able-bodied roster, however, only nine positions can be filled on defense.
- B.** Bunting is NOT permitted.
- C.** Batter must make first base on their own, unless determined physically unable prior to the at bat.
 - i. Managers and Umpires must designate and agree on qualifying, non-able-body hitters prior to the start of the game, unless the injury occurs during game play. See BASERUNNING A for procedures on courtesy running for non-able-body hitters.

- D.** Five (5) runs scored in any team's at-bat shall end their turn at-bat (except for the final inning of the game).

Baserunning

- A.** Courtesy runners are to be the LAST ABLE-BODY WHO BATTED OUT!
 - i. Courtesy runners for non-able-body batters must start at the designated 90° mark from first base and behind the supplied safety screen.
 - ii. Courtesy runners may not leave until the ball has made contact with the hitter's bat.
- B.** SLIDE OR AVOID: - A runner making contact who does not make an effort to avoid the contact or slide will be declared out and other runners must return to last base.
- C.** Leads are to be no longer than the cutout and monitored by the umpire and the defensive team.
- D.** Stealing is NOT permitted.
- E.** Base runners are in jeopardy at all times. If a pitcher or catcher tries to pick-off a runner from any base, that runner must attempt to RETURN to the base before proceeding to the next base. ALL OTHER runners who are on base may advance at their own risk without having to return to their bases.
- F.** Advancing on passed balls is NOT permitted.
- G.** If the game goes to extra innings, the team at bat will start with a ghost runner on second base. That runner will be the player who recorded the final batted out of the previous inning.

Miscellaneous

- A.** Unlimited defensive substitution is permitted.
- B.** Fake tags are NOT permitted.
- C.** Field conditions and the ability to play is ultimately at the discretion of the Commissioner.

League Standings

- A.** League standings shall be determined by a point system, as follows:
 - i. Head-to-head record
 - ii. Fewest runs allowed in all games
 - iii. Most runs scored in all games
- B.** Tiebreaker Scenarios
 - i. When two teams are tied:
 - a. Head-to-head record

- b. Fewest runs allowed in all games
 - c. Most runs scored in all games
- ii. When three or more teams are tied:
 - a. Fewest runs allowed in all games
 - b. Most runs scored in all games
- C.** The home team for the Championship Game shall be determined using the tiebreaker system. Home and visiting teams for all other games will be assigned.

All other Major League Baseball rules apply. Failure to comply with rules could force an appeal and a decision from the Commissioner, which could result in a reversal of the outcome.

****These rules are subject to change. The final copy of these rules will be posted at***



Phillies Legends

Since you will be playing alongside Phillies Legends the entire time you are there, you will have plenty of time to ask for baseball advice, snap a photo or get that autograph you have been waiting for. Every Phillies Legend is invited to each scheduled activity we offer.

Traditions

Gamer Award

Since the beginning of The Philadelphia Phillies Baseball Club in 1883, more than 2,000 players have worn the Phillies uniform; among them, Phillies' all-time greats like Richie Ashburn, Robin Roberts, Darren Daulton, and Mike Schmidt and modern day players like Aaron Nola, Bryce Harper, Jimmy Rollins, Ryan Howard, and Chase Utley. These players are a cut above the rest. Their mere presence in the lineup is enough to motivate. On the field, these players consistently set the example, which all players try to follow. Day after day, they step up and are the "Gamers" of their team. Phillies Phantasy Camp carries on the rich tradition of The Philadelphia Phillies by awarding players who excel during games with the official "Gamer Award" pin. Gamers can be earned each day and are presented by the Commissioner, Managers, Coaches, and/or Player Representatives.

Most Valuable Player

Without this player, your team would not be complete. The MVP is someone who consistently rises to the occasion; hitting in the clutch, making the big defensive stop, and leading by example on and off the field. At Phillies Phantasy Camp, one player from each team will be bestowed Most Valuable Player honors, signifying the "best of the best."

Mike Lieberthal Award

Every pitcher needs a great battery mate. Named after the Phillies catching great Mike Lieberthal, who holds the Phillies all-time record for games caught. This award is presented to the players who most resemble his "Iron Man" mentality and play. These unsung heroes of Phillies Phantasy Camp have caught over 80% of their teams' innings behind the plate.

Ryan Howard Rookie of the Year Award

The Ryan Howard Rookie of the Year Award is given annually to an outstanding first-year player who has made positive contributions to their team and to Phillies Phantasy Camp.

Gold Glove Award

Each year, Major League Baseball honors a player in each position for fielding excellence. The honor bestowed upon these players is called the Gold Glove Award. These players consistently practice and perform at an almost error-free level. Phillies Phantasy Camp's highest personal fielding achievement, The Gold Glove Award, is presented to one player who consistently exceeds their peers in fielding, range, arm accuracy, and consistency. This award is presented at the Awards Banquet.

Batting Champion

At Phillies Phantasy Camp, one player will be named Phillies Phantasy Camp's Batting Champion. Voted by managers and coaches, the Batting Champion represents excellence in batting, contact, and clutch hitting. The Batting Champion Award is presented at the Awards Banquet.

Cy Young Award

Phillies Phantasy Camp honors one individual who best demonstrates poise, confidence, and presence on the mound. While their ERA and walks may be low and their conviction high, they perform at an effortless and even pace. They consistently set-up each batter with every pitch, never letting them get comfortable in the box. One player will receive the Cy Young Award at the Awards Banquet.

David Montgomery Heart and Hustle Award

Every Major League manager is looking for the player who will be the spark plug for the entire team. They set the tone; getting on base, moving into scoring position or stealing home. At Phillies Phantasy Camp, the player who consistently adds the "spark" to their team by making things happen, will be honored with the Heart and Hustle Award. The Heart and Hustle Award is presented at the Awards Banquet.

Championship Trophy

Every pro team in the Majors plays each game with one thought in mind; "the playoffs." Few teams make the playoffs and only one elite team can win it all and become "World Champions." At Phillies

Phantasy Camp, each run is crucial and every out is important, as you and your teammates compete each day for the chance to play for the Championship. On Day Four, two teams will step onto the field but only one will walk off crowned “World Champions!” and presented with the Championship Trophy. Members of the winning team will become baseball legends as their names are etched in Phantasy Camp history and permanently engraved on the Championship Trophy.

Maje McDonnell Award

Every team has one player that you could spend hours talking to, hearing “behind the scenes” stories of yesteryear from, and reliving games and situations with. This award goes to the player who has personality plus and is a class act both on and off the field. That is why we have created an award named after Maje McDonnell. Maje started his long playing and coaching career at his alma maters Northeast High School and Villanova University, where he captained both the baseball and the basketball teams. He joined the Phillies in 1947 and was a member of the “Whiz Kids” Pennant-winning season of 1950. Maje was inducted into the Villanova Hall of Fame, the Northeast High School Hall of Fame, the Philadelphia Chapter of the Pennsylvania Sports Hall of Fame, and the Pennsylvania Sports Hall of Fame. He also earned four World Series rings as a member of the Phillies Organization.

The Tug McGraw Inspiration Award

Throughout the history of the Philadelphia Phillies, few have touched the hearts of fans like Frank “Tug” McGraw. Early in his career, he sparked the 1969 “Miracle Mets” to a World Championship and was a driving force in the Mets’ improbable 1973 World Series drive exclaiming his rally cry, “You Gotta Believe!” Tug paid immediate dividends after being traded to the Phillies in 1975, saving 14 games and posting a 2.97 earned run average. He inspired his team as the Phillies rolled to win three straight National League East Championships. His greatest on-field achievement came during the 1980 season when from mid-July to the post season he was virtually untouchable, allowing only three earned runs over 52 1/3 innings and 33 games. During the end of the magical 1980 season, Tug helped close the door on a critical Montreal Expos series, striking out five of the last six Expo hitters he faced. The next day the Phillies clinched the National League East title.

Throughout the infamous NLCS against the Houston Astros, Tug pitched in all five games and when it came to the World Series

against the Kansas City Royals, McGraw pitched in four of the six games, winning Game Five and saving the opener and clincher. He struck out 10 Royals in eight innings, including the famous fanning of Willie Wilson that touched-off a citywide celebration that would last for days. Phillies fans of all ages can still picture the final strikeout and Tug throwing his arms in the air and cheering, waiting for his teammates to jump on him at the mound. Even after his retirement in 1984, Tug continued to inspire and warm the hearts of Philadelphia Phillies fans, and baseball fans across the country. Perhaps his greatest inspiration came during his long bout with brain cancer, where he remained a force of positive energy and attitude. Although Tug McGraw lost his battle with brain cancer, he continues to warm our hearts and add inspiration to our lives. This special award is given to the Phantasy Camp Player who is an inspiration to us all — their teammates, Legends and Managers.

The Darren Daulton Leadership Award

Phillies' broadcast legend and Hall of Famer Harry Kalas, referred to Darren as the "all-time clubhouse leader of the Philadelphia Phillies", a sentiment shared by anyone who played with him. Darren was drafted by the Phillies in 1980 and three years later at the age of 21, broke into the majors. His 17-year professional career includes numerous accolades for outstanding play; among them are three trips to the Midsummer Classic (Phillies All-Star 1992-93, 1995) and the Silver Slugger Award in 1992 - his personal best offensive season where he led the National League in RBI (109) and finished in the Top 10 in: on base percentage; slugging percentage; OPS; home runs; walks; runs created; and extra base hits. That season, he was also among top vote-getters for the National League MVP Award. The next season (1993), Darren produced an almost identical offensive season helping the Phillies capture the National League Pennant and the hearts of Philadelphians. Darren's gritty determination, passion and clubhouse presence earned him the respect of "Macho Row", a group of over-sized personalities. Darren ended his playing career in 1997, but not before catching over 7,900 innings, persevering through nine knee surgeries, and helping the Florida Marlins win a World Series Championship. The Phillies honored Darren in 2010 by inducting him onto the Wall of Fame. Dutch's mark on Phillies history may be best summed up by legendary Phillies player and coach, John Vukovich; "I played with better players, I've coached better players, but in 32 years I never saw a bigger leader. For me, he set the standard of being a man." This honor is awarded to the Phantasy Camp Player who best demonstrates the same standard of leadership.

The Rhéal Cormier Person of the Year Award

Rhéal Cormier, nicknamed “Frenchy”, was known on the mound as a tough and durable southpaw relief pitcher, but off the diamond for his kindness and philanthropy. Throughout his entire career he was involved in several school programs, was a spokesman for teenage anti-suicide and anti-drug campaigns, and notably during his long tenure in Philadelphia, made generous contributions to Phillies Charities Inc. on a regular basis and visited patients in area hospitals. “Rheal was one of the most vibrant people I’ve had the pleasure of knowing,” said friend and former teammate Jim Thome. “He loved baseball, but he always put his family first. Frenchy was the kind of guy who would do anything for you and I’m lucky to have called him my friend for many years. Our time spent together in Philadelphia as teammates was unforgettable. He will be greatly missed but never forgotten.” The Rhéal Cormier Person of the Year Award is given annually to a participant of Phillies Phantasy Camp whose off-field performance and contributions to their community as a volunteer inspire others to higher levels of achievement. The award was named after Cormier to honor his kindness and his legacy as a humanitarian and philanthropist.

Commissioner’s Court

Keeping with the rich tradition of the Philadelphia Phillies and Major League Baseball, Commissioner’s Court will be in session daily to levy fines for infractions of baseball rules and etiquette on and off the field. Players convicted have the opportunity to plea their case to a higher court. Once the judges have ruled, the fine will stick and the guilty must pay.

Bull Session

You will be in the company of Legends the entire week; people who were not just great ball players, but who wrote baseball history. During one unforgettable evening, the Phillies Phantasy Camp will bring them all together for a session of “Q and A.” The Legends will share stories of glory days, give insights about ex-teammates and field questions that you have been waiting to ask. The floor is yours for this “behind the scenes” look at the Phillies.











POWERED BY 

For more information
please contact us at:

610.520.3400

philliesphantasycamp.com



PhilliesPhanCamp



PhilliesPhantasyCamp